

# Candace Green

*Unleashing the Human Potential*



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**Welcome** to the first issue of my monthly newsletter! I am very excited about the changes that are about to take place for me - this newsletter being the first of many that you will see over the next few months.

I am relying on YOU to let me know what it is you would like to see in my ongoing newsletters and on my new website, [www.candacegreen.com](http://www.candacegreen.com), which will be launching in the coming months.

To share your comments and feedback, simply send an email to [candace@candacegreen.com](mailto:candace@candacegreen.com). I look forward to hearing from you!

## Upcoming Events and Workshops

Mark your calendars now!

- [Workshop for Change \(May 7, 2007\)](#) Region #3, Penobscot Technical School, Lincoln, ME. Nursing program.
- [Workshop for Change \(May 18 & May 25, 2007\)](#)  
This workshop will be offered at the Wellness Center in Camden, ME on May 18th and May 25th.
- [Workshop for Change \(Sunday June 10, 2007\)](#)  
This workshop is being offered in Hermon.
- [Schedule your own Workshop for Change! It's a Healing party for you and your friends!](#)  
If you cannot attend a scheduled workshop, why not schedule your own date to host a Workshop for Change?  
\* Read "How to Host Your Own" below!
- [Certified Energy Therapist Training \(Summer 2007\):](#)  
A new cycle of Certified Energy Therapist training is beginning this summer. Enroll now. See the introduction to Certification as outlined later in this newsletter.
- [Tapas Acupressure Technique \(Saturday, June 30, 2007\)](#)  
This workshop meets the requirement for the Certification

program.

**For more information, to reserve your space in the above workshops, or inquire about other available workshops, call 207.236.0228 or email [candace@candacegreen.com](mailto:candace@candacegreen.com) - and don't forget to ask about the special discount! \*(\$25.00 off when you mention this newsletter!)**

### **HOW TO HOST YOUR OWN! Who? Where? When?**

#### **Workshop for Change**

This class was designed by Candace after many comments from those who attended her six-week mini series. Participants found the mini-workshops helpful, yet found it frustrating having to wait for a week (or more) between classes.

Taking this feedback, Candace decided to put together a daylong workshop named "A Spa for your emotional field", this workshop later was named "Workshop for Change."

Candace has conducted this workshop in New Mexico, Ohio, and throughout Maine.

"Host your Own" began over a year ago when a request was made to travel to a local business to conduct the workshop.

The staff expressed stresses and deadline 'headaches' that caused tension in the workplace.

After relaxing and experiencing a day of Guided Imagery and Energy Psychology techniques, all felt a sense of calm and relaxation which "helped immensely".

"The stressors are still here, but how we deal with them has changed." The staff was thrilled!

Since then, word has spread! Individuals who want to invite neighbors, friends and family members for a meaningful day of relaxation and healing report similar results.

Couples who know other couples that share similar stressors enjoy time together with amazing results in how they deal with relationships.

The possibilities are limitless! Any workplace groups, sports teams, families, or groups dealing with grief and trauma can be positively impacted.

**Treat yourself and those you care about by scheduling yours today. Remember! The host comes for free! Corporations - ask about special corporate pricing.**

Contact [Candace@candacegreen.com](mailto:Candace@candacegreen.com) to schedule yours today!

## Introducing My New CDs!

After many client requests to put some of my work on CD as a way to help them continue working on the changes they want to make in their lives, I have produced two CDs that will do just that. These guided imagery CDs are ***Imagery for Change\**** and ***Creating a Vision for Change\****. So treat yourself. You deserve it!

Take advantage of the special price offered for the first 200 CDs sold! This is a limited time offer so please act quickly as 40 have already been pre-ordered! Each CD in this initial batch will be offered at \$15.00 instead of the retail price of \$19.99. You may order CDs by either using Pay Pal, payable to [powerofone22@aol.com](mailto:powerofone22@aol.com) or by contacting Candace directly at [candace@candacegreen.com](mailto:candace@candacegreen.com).

\*See description of CD contents below.

## CD Descriptions: Imagery for Change & Creating a Vision for Change

Begin positive change in your life with CDs that are specifically designed to open a safe space in your Body/Mind in a relaxed, comfortable way!

### IMAGERY FOR CHANGE

TRACK #1: Relax, allow, receive. This imagery is designed to help you prepare for change. Gently guiding you through your body, clearing/healing those places that may be resistant to the life YOU desire, this imagery also provides boundaries that create a safe place for change to occur in your life. Listen and feel the

change occur with ease. Listen daily, focusing on the parts of you that may have been unconsciously resisting! This script and gentle music help you locate and release the part of you that is on PAUSE; NOW you can PLAY! Designed to assist in creating the life you have dreamed of!

TRACK #2: Music to Integrate. Listening to this music following the script will allow your body to integrate the suggestions that were introduced in the script. Great for meditation or sleep-time.

### **CREATING A VISION FOR CHANGE**

TRACK #1: This imagery is designed to assist you in taking your desires and dreams to the next level. See them take place! Follow the path and actually see, feel, hear and sense, even smell, that which you wish to create! "Anchoring" that which you desire into all of your senses can make change occur faster than you could imagine. Connect your thoughts and words to a vision YOU create. Keep this vision as you listen again and again to walk toward your creation with ease!

TRACK #2: Music for your vision. Listening to this music reminds your body that you have a blueprint already in your 'sights'. "Our body is our unconscious mind"! Even without the script, the vibration of the vision is present. Listen often to continue engaging in your unique Vision for Change!

*Both scripts were written by Candace Green reflecting her training in Neurolinguistic Programming and Guided Imagery. Spoken word is also by Candace Green.*

## **Certified Energy Coach Program** through Candace Green and Power of One

The Certified Energy Coach Program was developed two years ago. I received several requests from clients and practitioners to help them become experts in the field and therefore offering them a certification program that will allow them to become proficient in several energy psychology techniques while connecting and supporting each other. Since then, I have modified the program so that individuals can pick the level that fits their needs.

Remember! You can begin your journey toward Certification by enrolling in the Tapas Acupressure Technique class which will be held

in Camden at the Wellness Center on June 30th! Register now and receive \$25.00 off your workshop fee! contact: [candace@candacegreen.com](mailto:candace@candacegreen.com) .

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### LEVEL I - Bronze

#### **"Energy Coach Level I"(EC I)**

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##### Requirements:

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- # Class Sessions
- # Case studies
- Mastery of One (1) Energy Psychology Technique
- Personal Ethics
- Supervised coaching by Candace Green

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### LEVEL II - Silver. "Energy Coach Level II" (EC II)

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##### Requirements:

- Successful Completion of Energy Coach Level I
- # Class Sessions
- # Specialty Case Studies
- Mastery of Two (2) Energy Psychology Techniques
- Personal Ethics
- Supervised coaching by Candace Green

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### Level III - Gold. "Certified Energy Coach" (CEC)

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##### Requirements:

- Successful Completion of Energy Coach Levels I and II
- 40-hour Online Training Program
- Enneagram Proficiency
- Advanced Sessions (2), Energy Psychology\*\*
- Field Work / Practicum
- Personal Ethics
- Supervised coaching by Candace Green

\*\* Workshop for Change is a required class.

\*\* Tapas Acupressure Technique is a required class.

See schedule for dates offered!

## Special Announcement!

I am thrilled to announce that **Robin Terrell** of Gardner, Maine has completed the GOLD LEVEL of training and is now a Certified Energy Coach through Candace Green and Power of One!

Robin's enthusiasm for Energy Therapy is evident as she put in 200+ hours with clients and with students at the Maranacook School system. (Many hours above and beyond the requirements for Certification).

Robin plans to continue using Energy Psychology (EP) techniques to enhance her teaching skills and assist in improving her life and the lives of others.

She also is interested in continuing with more EP training!

Congratulations Robin!

## REFERRAL PROGRAM

**Offer family, friends, clients and co-workers a 15-Minute Free Consultation with Candace Green and increase your earning power in the process!**

Know someone who could benefit from working with Candace but is nervous about committing to a full session? We've taken the guesswork out of working with Candace by offering a **FREE 15-minute consultation with Candace** to all first-time referral clients.

Simply forward the below **Referral Coupon** to your family, friends, clients and co-workers or tell them to mention the special referral code, "**Unleash Your Best Self**", when they call Candace at **207-236-0228** to set up their free consultation.

As an added bonus, for every new client you refer to Candace, you will receive \$15 in cash as a thank-you! Candace will mail you a check each time a coupon is redeemed in your name.

# Candace Green

## Unleash Your Best Self!

Use this 15 minute free consultation or pass it forward to a friend

Contact Candace today to schedule your appointment  
and open the door to your full potential.

Tel: 207-236-0228

Website: [www.candacegreen.com](http://www.candacegreen.com)

Email: [candace@candacegreen.com](mailto:candace@candacegreen.com)

Referred by:

(Offer valid for first-time referral customers only. Thank-you bonus dollars apply to first session only.)

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