

July 2007

Candace Green

Unleashing the Human Potential



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Hello friends!

Thank you again for your continued interest in UNLEASHING joy in life! Please read about the opportunities offered for this month. Please excuse me while I repeat information for those who are reading my newsletter for the first time.

Most of all ,please do call or email with your specific request for workshops and programs that interest you!

I am excited to have finished one Pilot Program for schools and looking forward to moving ahead with schools and organizations that are seeking positive outcomes for all. If you are looking for rewarding results with a program that is easy to integrate into your school or business, contact me to talk about conducting a Pilot Program catered to fit your needs!

Read more about programs and classes at www.candacegreen.com.

Happy Summer!

Candace

To continue sharing your comments and feedback with me, simply send an email to candace@candacegreen.com.

I look forward to hearing from you!

Upcoming Events and Workshops

Mark your calendars now!

(Please watch the below video on EFT to understand the

power of this cutting-edge energy psychology technique.)

EFT for Weight Loss & Healthy Lifestyle! Upcoming Workshop! July 21, Register now!

Held in Camden at the Wellness Center. Come pamper yourself.... make plans to have dinner at the end of the day in beautiful downtown Camden or just walk around to take in the beauty of the Midcoast. This has been the most beautiful summer here in a long time.

In this workshop you will easily discover the patterns that "think" they are running the show. In a fun, active, way, old patterns and habits are revealed, along with learning the simple, yet powerful technique needed to shift you into a new way of being. It is easy! When I last advertised that I would do this workshop, I got an email stating that a woman had lost hundreds of pounds using this technique. That is because the jewel in this process is that the technique that you will take home with you is yours for a lifetime. There is not limit to how much weight you can lose, how much your desire to exercise can increase, or how much of your original body blueprint comes back even after the workshop is over.

This truly is a fun, eye-opening workshop with FUN FUN FUN in process as participants watch the worries, doubts, and fears fade away as a side effect to benefit you even more! People have reported a feeling of overall well being after attending this workshop.

Remember, you can always HOST YOUR OWN!

Workshop for Change

- Designed for practitioners as well as individuals interested in self-improvement and self-help, this workshop will introduce many powerful techniques used by millions to shift those physical and emotional symptoms that interfere with perfect balance.
- Improve eyesight, pain management, peak performance, writer's block, weight loss, stress, relationships, sleep deprivation and more! Come, relax and enjoy! And MORE!
- "The changes happen as if by magic!" (workshop participant).
- Call soon! Space is limited!

CHANGE? WHO, ME?

When is the last time you changed the oil in your car? Have you changed a baby's diaper lately? Your hair? Your clothing? How about the way you look at a situation? The way you feel about yourself? The way you feel about your loved ones? Thinking of trading cars? Thinking of upgrading your living situation?

These all involve change. All of these changes are to bring about a

smoother, more positive life! Sure, they take effort, sometimes they take some time, but all are worth seeing the positive outcome. Change is not a dirty word..... not changing a diaper, however, or your clothing from winter to summer..... or keeping the old oil in your car, CAN cause negative change. Sometimes NOT changing something to the positive can cause longlasting negtive results. Think of change as a positive thing. People experience positive change every day. They talk about it, share the experiences with their friends and neighbors, celebrate, smile, receive praises, sleep better, lose weight, treat themselves and others with care, and, most of all, feel a sense of well being in their lives. This is the intent of Workshop for Change. Designed to bring about positive change for you, while engaged in a wonderful space of relaxation, being guided through amazing, rejuvenating, and peaceful imagery and techniques . Truely a 'spa for your emotional field'. Plan to attend or host a workshop today. It is a gift for yourself and the world around you.
candace@candacegreen.com
207.236.0228

Workshop for Change will also be offered in the Boston area (South Hadley) in June. Workshop date TBA. Remember to take advantage of HOST YOUR OWN workshop and come for free!

** Denotes workshops approved for those enrolled in Candace Green's CEC (certified energy coach) program.

Contact Candace at **207.236.0228** or candace@candacegreen.com for more information or to enroll in a workshop.

Introductory Video to EFT (Emotional Freedom Technique)

According to Gary Craig, the founder of the Emotional Freedom Technique, EFT is based on a new discovery that has provided thousands with relief from pain, diseases and emotional issues. Simply stated, it is an emotional version of acupuncture except needles aren't necessary. Instead, you stimulate well established energy meridian points on your body by tapping on them with your fingertips. The process is easy to memorize and is portable so you can do it anywhere. It launches off the EFT Discovery Statement which says...

"The cause of all negative emotions is a disruption in the body's energy system."

And because our physical pains and diseases are so obviously connected with our emotions the following statement has also proven to be true...

"Our unresolved negative emotions are major contributors to most physical pains and diseases."

This common sense approach draws its power from (1) **time-honored Eastern discoveries that have been around for over 5,000 years** and (2) **Albert Einstein**, who told us back in the 1920s that everything (including our bodies) is composed of energy.

To learn more about this cutting-edge tool, click on the below video link or contact Candace Green to incorporate the benefits of EFT into your life.

<http://www.youtube.com/watch?v=9nRY3UtTHvo>

Guided Imagery CDs

Thank you for your positive response to my new Guided Imagery CDs: ***Imagery for Change**** and ***Creating a Vision for Change****. I am very excited at the results they are already producing and am already working on additional scripts.

I continue to offer these new CDs at the introductory price of \$15.00 instead of the regular price of \$19.99. So, please take advantage of this special price before the first 200 CDs sell out!

You may order CDs by either using Pay Pal, payable to candace@candacegreen.com or by contacting Candace directly at candace@candacegreen.com to send a check.

*See description of CD contents below.

CD Descriptions: Imagery for Change & Creating a Vision for Change

Begin positive change in your life with CDs that are specifically designed to open a safe space in your Body/Mind in a relaxed,

comfortable way!

IMAGERY FOR CHANGE

TRACK #1: Relax, allow, receive. This imagery is designed to help you prepare for change. Gently guiding you through your body, clearing/healing those places that may be resistant to the life YOU desire, this imagery also provides boundaries that create a safe place for change to occur in your life. Listen and feel the change occur with ease. Listen daily, focusing on the parts of you that may have been unconsciously resisting! This script and gentle music help you locate and release the part of you that is on PAUSE; NOW you can PLAY! Designed to assist in creating the life you have dreamed of!

TRACK #2: Music to Integrate. Listening to this music following the script will allow your body to integrate the suggestions that were introduced in the script. Great for meditation or sleep-time.

CREATING A VISION FOR CHANGE

TRACK #1: This imagery is designed to assist you in taking your desires and dreams to the next level. See them take place! Follow the path and actually see, feel, hear and sense, even smell, that which you wish to create! "Anchoring" that which you desire into all of your senses can make change occur faster than you could imagine. Connect your thoughts and words to a vision YOU create. Keep this vision as you listen again and again to walk toward your creation with ease!

TRACK #2: Music for your vision. Listening to this music reminds your body that you have a blueprint already in your 'sights'. "Our body is our unconscious mind"! Even without the script, the vibration of the vision is present. Listen often to continue engaging in your unique Vision for Change!

Both scripts were written by Candace Green reflecting her training in Neurolinguistic Programming and Guided Imagery. Spoken word is also by Candace Green.

About Candace Green

With over 25 years of experience and proven results, Candace Green is an expert in the field of personal and group transformation, with a particular emphasis on corporate workforces, wellness programs and student/teacher bodies.

Her unique approach combines cutting-edge energy psychology techniques, innovative teambuilding processes, traditional teaching methods, as well as personal coaching, to help individuals and teams *unleash their full potential*.

Her work is based on the core belief that we are here to be the best that we can be, and that by applying attention to that which we are trying most to avoid, fear most or keep hidden from the world, we can reach our goals and achieve desired and lasting change faster, more economically and with the least amount of stress.

To learn how Candace can help you or your organization, please contact her at candace@candacegreen.com or call 207-236-0228.

REFERRAL PROGRAM

Offer family, friends, clients and co-workers a 15-Minute Free Consultation with Candace Green and increase your earning power in the process!

Know someone who could benefit from working with Candace but is nervous about committing to a full session? We've taken the guesswork out of working with Candace by offering a **FREE 15-minute consultation with Candace** to all first-time referral clients.

Simply forward the below **Referral Coupon** to your family, friends, clients and co-workers or tell them to mention the special referral code, "**Unleash Your Best Self**", when they call Candace at **207-236-0228** to set up their free consultation.

As an added bonus, for every new client you refer to Candace, you will receive \$15 in cash as a thank-you! Candace will mail you a check each time a coupon is redeemed in your name.

Candace Green

Unleash Your Best Self!

Use this 15 minute free consultation or pass it forward to a friend

Contact Candace today to schedule your appointment
and open the door to your full potential.

Tel: 207-236-0228

Website: www.candacegreen.com

Email: candace@candacegreen.com

Referred by:

(Offer valid for first-time referral customers only. Thank-you bonus dollars apply to first session only.)

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