

August, 2007

# Candace Green

*Unleashing the Human Potential*



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## Hello friends!

Thank you again for your continued interest in UNLEASHING joy in life! Please read about the opportunities offered for this month. Please excuse me while I repeat information for those who are reading my newsletter for the first time.

At the request of an overwhelming number of people, I will offer EFT, WEIGHTLOSS, HEALTHY LIFESTYLE again. Read more later on in this newsletter!

Most of all, please do call or email with your specific request for workshops and programs that interest you!

I am excited to have finished one Pilot Program for schools and am looking forward to moving ahead with schools and organizations that are seeking positive outcomes for all. If you are looking for rewarding results with a program that is easy to integrate into your school or business, contact me to talk about conducting a Pilot Program catered to fit your needs!

If you would like me to come to you for a workshop designed to fit YOUR group, "Host your Own" is a great way to experience and integrate this work, focusing on common goals. The host comes for free!

Read more about programs and classes at [www.candacegreen.com](http://www.candacegreen.com).

Happy Summer!  
Candace

To continue sharing your comments and feedback with me, simply send an email to [candace@candacegreen.com](mailto:candace@candacegreen.com).

I look forward to hearing from you!

## **A note from Candace:**

As many of you know, my path toward healing came from a move to New Mexico where I met my first Teacher, an Apache Wisdom Keeper/Teacher/Healer, **Sapokniona Whitefeather**.

I am happy to announce her schedule as she will be arriving in Maine in August! Please use my contact information at the bottom of this list for more information or to sign up for her offerings. (For the Retreat in Newry, please use the contact information listed below to register).

### **Spiritual Counselings and Healings:**

**Camden Area:** August 21 through August 25.  
October 2 through October 9.

**Bangor Area:** August 27 through August 30.

One hour appointments available. These fill very fast, so call 207-236-0228 soon to reserve your space!

### **Spiritual Retreat: Newry Maine, September 14,15,16.**

**Sapokniona Whitefeather** is a spiritual leader from the Apache Nation. She will be offering a retreat at the Mahoosuc Mountain Lodge in North Newry. This retreat will be focused on finding your strengths and weaknesses. You will be given teachings on how to have them all come together and work well in your life. In this weekend you will be introduced to ceremony in many different ways. Each person will do a mini vision quest. There will be a pipe ceremony several times during the weekend. We will have fun and learn a lot!

Starts on Friday at 2 p.m. and ends around 3 p.m. on Sunday. Cost is \$450 for food, lodging and teachings. There is no charge for ceremony.

For reservations contact Polly Mahoney at (207) 824-2073 or email: [info@mahoosuc.com](mailto:info@mahoosuc.com) or Nancy Nutt (207) 236-3481.

We require a \$100 non-refundable deposit to hold a space for you. Make checks or money orders out to Sapokniona Whitefeather. There is limited amount of space available so please sign up quickly!

People feel free to check out Mahoosuc Guide Service website: [www.mahoosuc.com](http://www.mahoosuc.com) to find out more about the setting and accommodations for the retreat.

## Upcoming Events and Workshops

Mark your calendars now!

(Please watch the below video on EFT to understand the power of this cutting-edge energy psychology technique.)

### **EFT for Weight Loss & Healthy Lifestyle!**

After an overwhelming response to this workshop, I am offering it again! Register now for the class on August 25th, or the class on September 22nd. Held in Camden at the Wellness Center.

Who should come? Those who want their Emotional and Physical bodies clear, aligned, and in synch with positive energies. Ask yourself "what happened in my life the last time I was at my perfect body blueprint?" Often our bodies will refuse to get back to that blueprint if something 'bad' happened. For instance, being at your peak performance in sports or exercise, then injury occurs, your body will often not allow you to get to that peak performance again. If your divorce happened, you lost a job, a family member, or your favorite pet, your body memory will often reject activities (even eating and exercise) that were in place when you were experiencing those negative emotions. The good news is: This is easily remedied! Read on!

In this workshop you will easily discover the patterns that "think" they are running the show. In a fun, active, way, old patterns and habits are revealed, along with learning the simple, yet powerful technique needed to shift you into a new way of being. It is easy! When I last advertised that I would do this workshop, I got an email stating that a woman had lost hundreds of pounds using this technique. That is because the jewel in this process is that the technique that you will take home with you is yours for a lifetime. There is no limit to how much weight you can lose, how much your desire to exercise can increase, or how much of your original body blueprint comes back even after the workshop is over.

This truly is a fun, eye-opening workshop with FUN FUN FUN in process as participants watch the worries, doubts, and fears fade away as a side effect to benefit you even more! People have reported a feeling of overall well being after attending this workshop.

Remember, you can always HOST YOUR OWN!

\*Watch the video below to learn more about EFT.

## Enneagram Workshop

September 8, 2007

The Enneagram is a workshop designed to help you find out what makes you and those around you 'tick'. People who have attended this workshop leave with a new, broader sense of themselves and those around them. "Aha" moments are many throughout this workshop.

The Enneagram (pronounced ANY-A-GRAM), which means 9 pointed star, is an ancient method of study that reveals the lens through which we view the world. Used by many to help set up communities and organizations throughout history, (the Catholic Church, FBI, Sufi, just to name a few), this workshop takes those '9 points of view' and brings them to you in an easily understandable and practical way that immediately allows you to understand yourself and others.

People who attend this workshop report better relationships with family members, colleagues, and friends. After watching a video and seeing yourself and others respond in ways unique to their 'enneagram point', it is impossible to leave untouched by this knowledge. Be more effective and understanding of yourself and those around you by attending this workshop. "It is not from ourselves that we learn to be better than we are." unknown author.

## Reiki Workshops thru October

August 12, September 9, October 14, 2007

Reiki (pronounced Ray-Kee) is an ancient healing art. "Reiki is a Japanese word representing Universal Life Energy, the energy which is all around us. Reiki, when activated and applied for the purpose of healing, addresses body, mind and spirit. It accelerates the body's ability to heal physical ailments and opens the mind and spirit to the causes of disease and pain, the necessity for taking responsibility for one's life and the joys of balanced wellness. The Usui System of Reiki is a natural, spiritual healing art which uses Reiki in these ways." Charlie Ironeyes, Reiki Master.

Charlie Ironeyes is the person who opened my eyes and body to the possibilities of subtle energy shifts that lead to

healing. Reiki is the foundation to all of the work I do. It holds a special place in my heart.

Who should take this class? Those who wish to be in charge of their own healing, and may wish to assist others in healing. People use Reiki for release and relief of headaches, menstrual difficulties, disease, chronic pain, assistance during and after giving birth, menopause, and to promote a sense of calm in their lives. It literally works on everything.

If you would like to receive Reiki I and start your own healing, and learn to assist others or would like to learn Reiki II to learn how to send this healing through time and space, or learn Reiki all the way through Reiki Master, please call now. Your life will change in many positive ways as a result.

### **Workshop for Change**

October 13, 2007

- Designed for practitioners as well as individuals interested in self-improvement and self-help, this workshop will introduce many powerful techniques used by millions to shift those physical and emotional symptoms that interfere with perfect balance.
- Improve eyesight, pain management, peak performance, writer's block, weight loss, stress, relationships, sleep deprivation and more! Come, relax and enjoy! And MORE!
- "The changes happen as if by magic!" (workshop participant).
- Call soon! Space is limited!

### **CHANGE? WHO, ME?**

When is the last time you changed the oil in your car? Have you changed a baby's diaper lately? Your hair? Your clothing? How about the way you look at a situation? The way you feel about yourself? The way you feel about your loved ones? Thinking of trading cars? Thinking of upgrading your living situation? These all involve change. All of these changes are to bring about a smoother, more positive life! Sure, they take effort, sometimes they take some time, but all are worth seeing the positive outcome.

Change is not a dirty word..... not changing a diaper,

however, or your clothing from winter to summer..... or keeping the old oil in your car, CAN cause negative change. Sometimes NOT changing something to the positive can cause long-lasting negative results.

Think of change as a positive thing. People experience positive change every day. They talk about it, share the experiences with their friends and neighbors, celebrate, smile, receive praises, sleep better, lose weight, treat themselves and others with care, and, most of all, feel a sense of well being in their lives. This is the intent of *Workshop for Change*. Designed to bring about POSITIVE change for you, while engaged in a wonderful space of relaxation, being guided through amazing, rejuvenating, and peaceful imagery and techniques. Truly a 'spa for your emotional field'.

Plan to attend or host a workshop today. It is a gift for yourself and the world around you.

**\*\*Workshop for Change** Remember to take advantage of HOST YOUR OWN workshop and come for free!

\*\* Denotes workshops approved for those enrolled in Candace Green's CEC (certified energy coach) program.

Contact Candace at **207.236.0228** or [candace@candacegreen.com](mailto:candace@candacegreen.com) for more information or to enroll in a workshop.

## Introductory Video to EFT (Emotional Freedom Technique)

According to Gary Craig, the founder of the Emotional Freedom Technique, EFT is based on a new discovery that has provided thousands with relief from pain, diseases and emotional issues. Simply stated, it is an emotional version of acupuncture except needles aren't necessary. Instead, you stimulate well established energy meridian points on your body by tapping on them with your fingertips. The process is easy to memorize and is portable so you can do it anywhere. It launches off the EFT Discovery Statement which says...

*"The cause of all negative emotions is a disruption in the body's energy system."*

And because our physical pains and diseases are so obviously connected with our emotions the following statement has also proven to be true...

*"Our unresolved negative emotions are major contributors to most physical pains and diseases."*

This common sense approach draws its power from (1) **time-honored Eastern discoveries that have been around for over 5,000 years** and (2) **Albert Einstein**, who told us back in the 1920s that everything (including our bodies) is composed of energy.

To learn more about this cutting-edge tool, click on the below video link or contact Candace Green to incorporate the benefits of EFT into your life.

<http://www.youtube.com/watch?v=9nRY3UtTHvo>

## Guided Imagery CDs

Thank you for your positive response to my new Guided Imagery CDs: ***Imagery for Change\**** and ***Creating a Vision for Change\****. I am very excited at the results they are already producing and am already working on additional scripts.

I continue to offer these new CDs at the introductory price of \$15.00 instead of the regular price of \$19.99. So, please take advantage of this special price before the first 200 CDs sell out!

You may order CDs directly through my website at

<http://www.candacegreen.com/products.html>

by using a credit card or Pay Pal, payable to [candace@candacegreen.com](mailto:candace@candacegreen.com) OR by contacting Candace directly at [candace@candacegreen.com](mailto:candace@candacegreen.com). to send a check.

\*See description of CD contents below.

## **CD Descriptions: Imagery for Change & Creating a Vision for Change**

Begin positive change in your life with CDs that are specifically designed to open a safe space in your Body/Mind in a relaxed, comfortable way!

### **IMAGERY FOR CHANGE**

TRACK #1: Relax, allow, receive. This imagery is designed to help you prepare for change. Gently guiding you through your body, clearing/healing those places that may be resistant to the life YOU desire, this imagery also provides boundaries that create a safe place for change to occur in your life. Listen and feel the change occur with ease. Listen daily, focusing on the parts of you that may have been unconsciously resisting! This script and gentle music help you locate and release the part of you that is on PAUSE; NOW you can PLAY! Designed to assist in creating the life you have dreamed of!

TRACK #2: Music to Integrate. Listening to this music following the script will allow your body to integrate the suggestions that were introduced in the script. Great for meditation or sleep-time.

### **CREATING A VISION FOR CHANGE**

TRACK #1: This imagery is designed to assist you in taking your desires and dreams to the next level. See them take place! Follow the path and actually see, feel, hear and sense, even smell, that which you wish to create! "Anchoring" that which you desire into all of your senses can make change occur faster than you could imagine. Connect your thoughts and words to a vision YOU create. Keep this vision as you listen again and again to walk toward your creation with ease!

TRACK #2: Music for your vision. Listening to this music reminds your body that you have a blueprint already in your 'sights'. "Our body is our unconscious mind"! Even without the script, the vibration of the vision is present. Listen often to continue engaging in your unique Vision for Change!

*Both scripts were written by Candace Green reflecting her training in*

*Neurolinguistic Programming and Guided Imagery. Spoken word is also by Candace Green.*

### **About Candace Green**

With over 25 years of experience and proven results, Candace Green is an expert in the field of personal and group transformation, with a particular emphasis on corporate workforces, wellness programs and student/teacher bodies.

Her unique approach combines cutting-edge energy psychology techniques, innovative teambuilding processes, traditional teaching methods, as well as personal coaching, to help individuals and teams *unleash their full potential*.

Her work is based on the core belief that we are here to be the best that we can be, and that by applying attention to that which we are trying most to avoid, fear most or keep hidden from the world, we can reach our goals and achieve desired and lasting change faster, more economically and with the least amount of stress.

To learn how Candace can help you or your organization, please contact her at [candace@candacegreen.com](mailto:candace@candacegreen.com) or call 207-236-0228.

## **REFERRAL PROGRAM**

**Offer family, friends, clients and co-workers a 15-Minute Free Consultation with Candace Green and increase your earning power in the process!**

Know someone who could benefit from working with Candace but is nervous about committing to a full session? We've taken the guesswork out of working with Candace by offering a **FREE 15-minute consultation with Candace** to all first-time referral clients.

Simply forward the below **Referral Coupon** to your family, friends, clients and co-workers or tell them to mention the special referral code, "**Unleash Your Best Self**", when they call Candace at **207-236-0228** to set up their free consultation.

As an added bonus, for every new client you refer to Candace, you will receive \$15 in cash as a thank-you! Candace will mail you a check each time a coupon is redeemed in your name.

# Candace Green

## Unleash Your Best Self!

Use this 15 minute free consultation or pass it forward to a friend  
Contact Candace today to schedule your appointment  
and open the door to your full potential.

Tel: 207-236-0228

Website: [www.candacegreen.com](http://www.candacegreen.com)

Email: [candace@candacegreen.com](mailto:candace@candacegreen.com)

Referred by:

(Offer valid for first-time referral customers only. Thank-you bonus dollars apply to first session only.)

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